u3a Bearsden & Milngavie **Committee Minutes**

Date: Tuesday 12th May 2026

Venue: Milngavie Community Centre

Attendees: Maureen Smith (Chair), Linda Tindall, David Gow, Trish Kerr, Paticia Campbell, John Davies

Apologies: Jac Koumides, Clem Clement, Jim Thomson, David Bland, David Murray Smith

In Attendance: Palo Stickland

<table>
<tr><th>Agenda Item</th><th>Action</th></tr>
<tr><td>2 Minutes of meeting held on 10th April 2026 and matters arising
The minutes of the meeting held on 10th April 2026 were accepted as correct.
Rose Barr advised that she no longer wished to join the committee
Linda provided an update on the Autumn Voices proposal. It has been accepted and is expected to begin next year, with 10 participants involved over a three-month period. The meditation and life writing groups were suggested as good starting points. Palo Stickland agreed to lead on behalf of the u3a and liaise with Luise on the project.
Pamela has agreed to join the committee for a year to administer Beacon</td><td></td></tr>
<tr><td>3. Reports
Chair - The report submitted prior to the meeting was noted. After discussion it was agreed that there was nothing further, we could add to support the two requests received from the Trust and Council Representatives.

Treasurer – David G reported that there was nothing to add to the report submitted prior to the meeting. The funds were looking healthy, and after discussion it was felt there was no need to increase the annual subscription

Membership Secretary – The report submitted prior to the meeting was noted. John advised that there was nothing he wished to add to his report

Events co-ordinator – It was agreed that, after the summer, a physiotherapist would be invited to an additional monthly meeting to advise members on topics including how to move safely and get up from lying down.</td><td></td></tr>
<tr><td>4. IT Issues

Jim and David B have joined the IT group. It was felt that there was a lot of expertise in this group and that they would be able to provide advice to members. This group will provide IT advice to committee members and members at monthly meetings.</td><td></td></tr>
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Agenda Item	Action
John will ask the science group members if there is anyone who would be able to provide IT support to the monthly meetings.	
5. Health & Safety Policy including risk assessment There was a discussion regarding the previously circulated welfare and risk assessment policies. It was agreed that any comments on these policies should be sent to Maureen. It was also agreed that these policies would be put on the agenda for discussion at the forthcoming Convenors' Workshop	
6. Topics for Convenors' Workshop It was agreed to email the convenors and ask if there was anything, they wished to discuss. Topics could be - What help do you think you need from the committee? Discussion regarding the proposed Welfare and Risk policies. What support can the committee provide to help convenors make better use of Beacon	
7. Format of June Committee Meeting It was agreed that the June committee meeting would follow the usual format. As there will be no meetings in July or August, any AGM-related matters will be discussed in June.	
8. AOB It was agreed that in future David B will only be asked to provide an exceptional report on web issues.	

NEXT MEETING: 9th June 2026, 10.00am, Milngavie Community Centre